

The Fruit of the Spirit in Galatians 5:22-23

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Fruit	Definition	Opposite	Counterfeit
Love <i>agapē</i>	To serve a person for their good and intrinsic value, not for what the person brings you	Fear: self-protection and abusing people	Selfish affection. Attracted to a person and treat them well because of how, they make you feel about yourself
Joy <i>chara</i>	Delight in God for sheer beauty and worth of who he is	Hopelessness, despair	Elation that comes with experiencing blessings not the Blessor! Mood swings based on circumstances
Peace <i>irenē</i>	Confidence and rest in the wisdom and sovereignty of God more than your own	Anxiety and worry	Indifference, apathy, "I don't care"
Patience (Forbearance) <i>makrothumia</i>	Ability to take trouble (from others or life) without blowing up or hitting back	Resentment toward God and others	Cynicism, lack of caring, "This is too small to be bothered about"
Kindness <i>chrestotes</i>	Practical kindness with vulnerability out of deep inner security	Envy, unable to rejoice in another's joy	Manipulative good deeds, doing good for others so I can congratulate myself and feel I am good enough for God and others
Goodness; Integrity <i>agathosunē</i>	Honesty, transparency, being the same in one situation as another	Phoniness, hypocrisy	Truth without love, "getting it off the chest" for your own sake
Faithfulness <i>pistis</i>	Loyalty, courage, committed, utterly reliable, true to one's word	Opportunist, fair-weather friend	Love without truth. being loyal when you should be willing to confront or challenge
Gentleness; Humility <i>prautas</i>	Self-forgetfulness	Superiority: self-absorbed self-aggrandizement.	Inferiority: self-consciousness
Self-control <i>egkrateia</i>	Ability to choose the important thing over the urgent	A driven, impulsive, uncontrolled person	Willpower based on pride, the need to feel in control